



# Instructions for use HeltiQ First Aid Cream

- Please read the instructions carefully before using this product -  
- For external use only -

## CONTENT INSTRUCTIONS FOR USE

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### 1. CONTENT HELTIQ FIRST AID CREAM

1. Tube of 50 ml
2. Instructions for use

### 2. HELTIQ FIRST AID CREAM

HeltiQ First Aid Cream is 100% natural hypoallergenic medical device for the treatment of scrapes, bruises, contusions and swelling with minor accidents. The cooling action of HeltiQ First Aid Cream has a healing, pain relieving effect and reduces swelling and bruises. In addition, a protective layer is formed on the skin protecting it against external skin irritations. This allows the skin to heal more quickly.

### 3. INGREDIENTS

HeltiQ First Aid Cream only contains natural ingredients:

Aqua, Cocos Nucifera Oil, Cetearyl Alcohol, Glycerin, Glyceryl Stearate, Arnica Montana Flower Extract (BIO), Cetearyl Glucoside, Alcohol, Linum Usitatissimum Seed Oil, Aesculus Hippocastanum Extract (BIO), Algae Extract, Beta-Carotene, Betaine, Borago Officinalis Seed Oil, Calendula Officinalis Extract (BIO), Cetearyl Olivatate, Cetyl Palmitate, Citric Acid, Cocoglycerides, Daucus Carota Sativa Extract, Equisetum Arvense Extract (BIO), Glycine Soja Oil, Helianthus Annuus Seed Oil, Pectin, Rosa Canina Fruit Extract (BIO), Rosa Canina Fruit Oil, Sorbitan Olivatate, Tocopherol, Tocopheryl Acetate, Xanthan Gum, Potassium Sorbate, Sodium Anisate, Sodium Benzoate, Sodium Levulinate.

\*BIO = biologically cultivated (organic)

- **Arnica:** cools, reduces pain and has a healing effect
- **Rosehip:** cools, is rich in vitamin C, A, B1 and B2, has an antibacterial and healing effect
- **Pectin:** has a hydrating effect and places a protective layer on the skin

### 4. INSTRUCTIONS FOR USE

Apply HeltiQ First Aid Cream and lightly massage it on to the skin surface(s) and the immediate surroundings that need care. If desired, repeat 3 times per day.

### ATTENTION!

- Only use on intact skin, not with bleeding scrapes and/or open wounds
- Do not use on children under 6 months of age
- For individuals with eczema is advised to try the cream on a small area of infected skin first
- If you want to use HeltiQ First Aid Cream during pregnancy or breast-feeding, please consult your health care professional first
- If the treated area(s) get(s) worse after the treatment or do not improve within 14 days, please contact your health care professional



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## 5. AFTER THE TREATMENT

Keep the treated surface clean  
Bathing and showering is permitted

## 6. POSSIBLE SIDE EFFECTS TO BEWARE OFF

Please contact your health care professional if an inflammation and/or other complication occurs.

## 7. CONTRA-INDICATIONS

HeltiQ First Aid Cream may not be used in the following situations:

- With hypersensitivity to one of the ingredients
- If the skin is irritated, inflamed or open
- In the mouth
- Around the eyes
- Around the genitals
- On strange looking skin disorders
- In combination with other treatments

If in doubt, consult your health care professional!

## 8. PRECAUTIONS

Keep out of the reach and sight of children  
Store in a cool and dry place  
Not to be ingested  
Not for internal use  
Flush with water if HeltiQ First Aid Cream comes in contact with the eyes

## 9. COMPLAINTS AND CUSTOMER SERVICE SUPPORT

Contact the manufacturer or supplier with questions or to report an adverse reaction.  
Complaints and questions can also be reported via [www.ehbocreme.nl](http://www.ehbocreme.nl).



Since 1880

Manufacturer:  
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